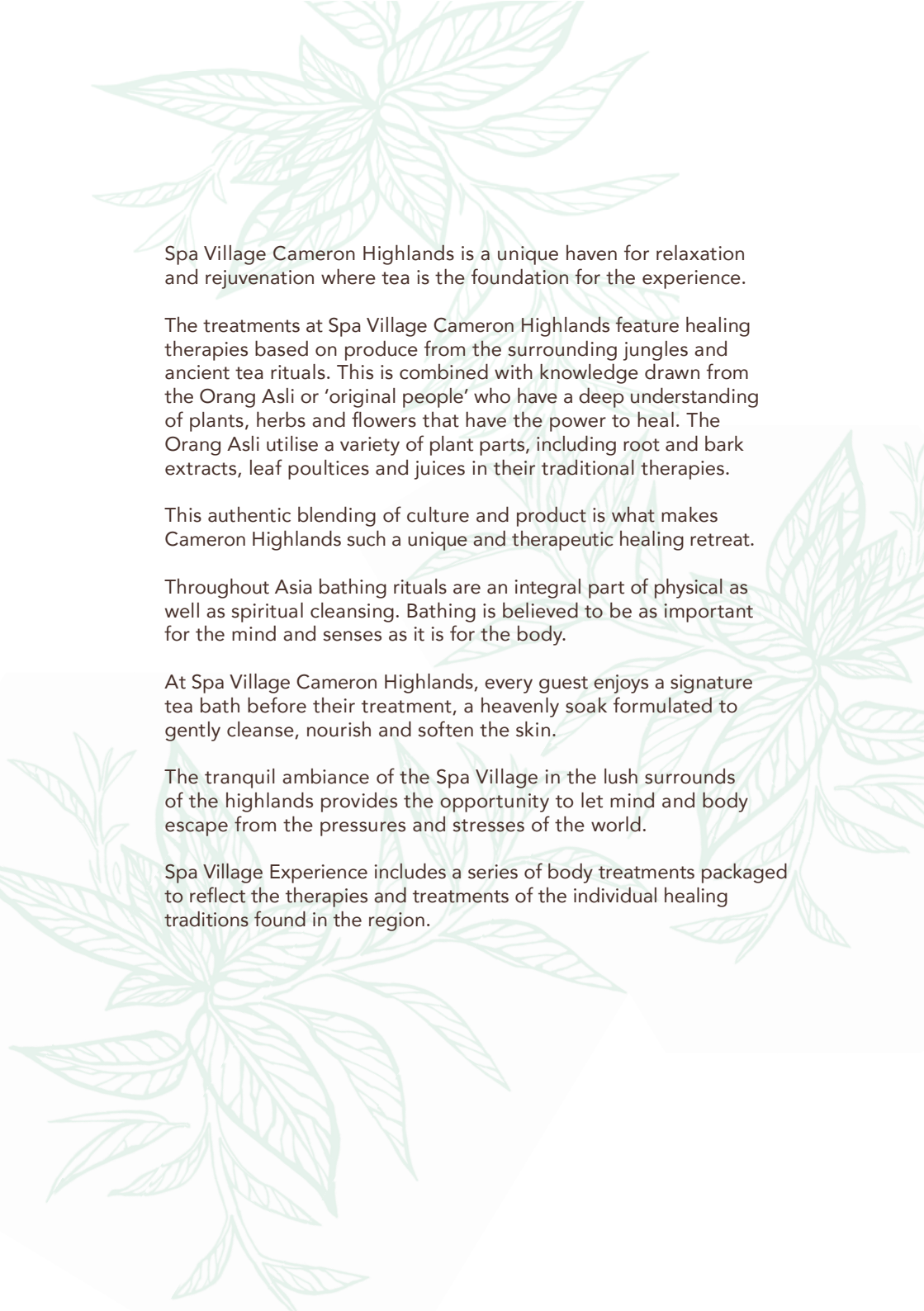




Spa
VILLAGE

CAMERON
HIGHLANDS

The background of the page is a light green, stylized illustration of tea leaves and branches, scattered across the white space. The leaves are detailed with veins and have a natural, organic shape. The overall aesthetic is clean and fresh, reflecting the natural theme of the text.

Spa Village Cameron Highlands is a unique haven for relaxation and rejuvenation where tea is the foundation for the experience.

The treatments at Spa Village Cameron Highlands feature healing therapies based on produce from the surrounding jungles and ancient tea rituals. This is combined with knowledge drawn from the Orang Asli or 'original people' who have a deep understanding of plants, herbs and flowers that have the power to heal. The Orang Asli utilise a variety of plant parts, including root and bark extracts, leaf poultices and juices in their traditional therapies.

This authentic blending of culture and product is what makes Cameron Highlands such a unique and therapeutic healing retreat.

Throughout Asia bathing rituals are an integral part of physical as well as spiritual cleansing. Bathing is believed to be as important for the mind and senses as it is for the body.

At Spa Village Cameron Highlands, every guest enjoys a signature tea bath before their treatment, a heavenly soak formulated to gently cleanse, nourish and soften the skin.

The tranquil ambiance of the Spa Village in the lush surrounds of the highlands provides the opportunity to let mind and body escape from the pressures and stresses of the world.

Spa Village Experience includes a series of body treatments packaged to reflect the therapies and treatments of the individual healing traditions found in the region.



SPA VILLAGE EXPERIENCE

THE SEMAI

The Semai are the indigenous people or Orang Asli of the state of Pahang. In Orang Asli culture, every forest product has a specific use and the Semai elders have mastered the practices of treating ailments using the plants of the jungle. Their knowledge of traditional medicine has been acquired over millennia. What to the common eye is a shrub or a weed is a precious resource to them. Spa Village is delighted to be able to share some of these jungle secrets.

TOK BATIN MYSTICAL TRADITION (FOR HIM)

- Mandian Batin*
(Hydrotherapy Batin Bath)
- Urutan Batin Massage
- Batin Tangas Wap*
(Batin Steam Bath)
- Lulur Batin Scrub
- Cameron Brew

THE JUNGLE SECRETS OF ANTI-AGING (FOR HER)

- Semai Anti Aging Herbal Bath*
- Minjau Asli Massage
- Muhak Herbal Sitz Bath*
- Semai Scrub
- Semai Fountain of Youth



FRESH STRAWBERRY ESCAPEDE

Strawberries are evocative of an English summer and have been a symbol of purity and passion. Romans cultivated them for their medicinal qualities, believing that strawberries bring relief from depression, infections and fevers, as well as ailments of the kidneys, liver and blood. Centuries later, Madame Tallien, a prominent figure at the court of Napoleon, was reputed to bathe in the juice of strawberries for its healing properties. Pureed fresh strawberries also soften the skin and cool inflammation.

STRAWBERRY TEA BATH*

A beautifully sensual bathing experience. This is the ultimate in relaxation, easing nervous tension and stress while leaving the body rehydrated and mind feeling rejuvenated. Absolutely heavenly!

STRAWBERRY BODY POLISH*

Indulge yourself with this refreshing body buff made of fresh strawberries, yoghurt and crushed oatmeal. Strawberries and yoghurt contain natural alpha-hydroxy acids that help soften and refine skin texture.

STRAWBERRY AROMA MASSAGE

A wonderfully scented treat to rehydrate your skin. This is a luxuriously sublime treatment in which massage techniques blend touch and aroma to create sensations of pleasure and wellness to deeply heal your mind and body while soothing your soul.



ROSE GARDEN

The rose, named 'The Queen of the Flowers', has been the enduring symbol of love and beauty from the beginning of history. Roses and the essential oil of rose have been used for centuries to heal the body, mind and spirit. Local lore credits a Scotsman with cultivating the first rose garden in Cameron Highlands in the 1950s. In honour of the first Yellow Champagne Roses, we introduce an 'Anti-Stress' bath, scrub and body massage using an aromatic herbal preparation of fresh Cameron-grown roses, tea leaves and rose essential oil. Rose essential oil is beneficial to all skin types, has aphrodisiac qualities, and is uplifting and calming.

YELLOW ROSE TEA BATH*

A warm soak reduces the effects of stress and promotes relaxation. Rest at leisure as your body is soothed and your skin is pampered while your mind takes pleasure in the enriching and heartening aroma of rose.

ROSE PETALS BODY SCRUB

A soft aromatic and gentle body exfoliation that will slough away dead skin cells, increase circulation and deliver brighter, softer skin. Leaves the skin feeling smooth and refreshed.

ROSE AROMA MASSAGE

For absolute bliss and total relaxation. This treatment nourishes and pampers the skin as well as allowing you to relax in the uplifting aroma of roses.



À LA CARTE EXPERIENCE - BODY AND FACE TREATMENT

TUNGKU BATU (HEATED STONE THERAPY)*

Healing with stones is an ancient form of therapy long practiced as an addition to a massage in the Malay and Orang Asli culture. It is a traditional therapy for women in birth confinement and for men to enhance agility. Massaging the body using heated stones helps hasten the elimination of toxins, alleviate joint pains, loosen tense muscles and break down excess fats. Reservations must be made at least 30 minutes prior to this treatment.

ROSE PETALS FACIAL

With the ultimate pampering of dried rose petals mask, rose cleanser and rose toner, this fragrant facial cleanses and moisturises the face, leaving it relaxed and silky smooth. This treatment incorporates the European 15 points facial massage to rejuvenate and refresh the skin.



À LA CARTE EXPERIENCE - MASSAGE THERAPY

SWEDISH

This classic oil massage works predominantly with the muscles, soft tissues, and joints, utilising long, rhythmic strokes. Please request light, medium or deep pressure.

MALAY

The art of traditional Malay massage is passed on from generation to generation. The technique consists of long kneading strokes that focus on the muscles, and pressure applied to various points on the body. This treatment uses oil made with special local ingredients such as turmeric, cinnamon, garlic, onion and citronella, which invigorate circulation.

BALINESE

This massage combines a historical reference from many cultures, especially Indian, Chinese and European influences, which form the foundation of Balinese traditions. Thus, the ritual offers techniques which vary in tempo of acupressure, rolling motions, long strokes and percussion, which provide an invigorating and energising experience for the body.

FOOT MASSAGE

The theory of reflexology lies in the understanding that the feet have reflex points that correspond to the internal organs and limbs to balance all the functions of the body. By stimulating these points, the circulation of the entire body is improved.

FIFTY/FIFTY

Any two fifty minute treatments per person.



SPA RECOMMENDATIONS AND GUIDELINES

Enjoy a full range of amenities when visiting the Spa Village Cameron Highlands including a sarong, slippers, private locker, bath and vanity products. Services that are listed with a * symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant. In consideration of other guests we ask that all cellular phones be turned off while at the spa. The Spa Village Cameron Highlands is a non-smoking facility.

OPERATION HOURS

Fitness Centre: 24 hours

Spa Treatments: 11.00am - 7.00pm

RESERVATIONS

Advance reservations are recommended. If in-house, touch 518/9 between 11.00am and 7.00pm. You may also call Spa Village Cameron Highlands at (6018) 622 9034 or email spavillagech@ytlhotels.com.my. Reservations may also be made through the YTL Travel Centre at travelcentre@ytlhotels.com.my.

CHECK-IN

Please check-in at the Spa Reception Desk 30 minutes prior to your first appointment to enjoy the Tea Bath facilities. We regret that late arrivals will not receive an extension of scheduled treatments.

AGE RECOMMENDED

The Spa Village Cameron Highlands is appropriate for guests 16 years and above.

SPA BOUTIQUE

Be sure to visit our Spa Boutique for an array of Spa Village products.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 4 hours notice if you must cancel or change any treatments. Without this notification you will be charged in full.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.



CAMERON
HIGHLANDS

The Spa Village Cameron Highlands Ratecard

Spa Treatment Hours 11.00am - 7.00pm
(Last treatment starts at 6.00pm)

Contact Details Spa Village Cameron Highlands
Cameron Highlands Resort, By the Golf Course
39000 Tanah Rata, Cameron Highlands
Pahang, Malaysia

Telephone +60 18 622 9034
Email travelcentre@ytlhotels.com.my
Website www.spavillage.com

Spa Village Experience

SPA TREATMENTS	DURATION	MYR
THE SEMAI		
– Two Persons	3 hrs	1000
– Individual	3 hrs	600
FRESH STRAWBERRY ESCAPADE		
– Two Persons	2 hrs	700
– Individual	2 hrs	400
ROSE GARDEN		
– Two Persons	2 hrs	700
– Individual	2 hrs	400

À La Carte Experience

SPA TREATMENTS	DURATION	MYR
BODY AND FACE TREATMENT		
Tungku Batu (Heated Stone Therapy)	100 mins	400
Rose Petals Facial	50 mins	200

Massage Therapy

SPA TREATMENTS	DURATION	MYR
SWEDISH		
– Deluxe	50 mins	200
– Supreme	80 mins	300
MALAY		
– Deluxe	50 mins	200
– Supreme	80 mins	300
BALINESE		
– Deluxe	50 mins	200
– Supreme	80 mins	300
FOOT MASSAGE		
– Deluxe	50 mins	200
– Supreme	80 mins	300
FIFTY/FIFTY		
Any two fifty-minute treatments	100 mins	350

Menu priced in Malaysia Ringgit (MYR) and is subject to prevailing service charge and taxes. Subject to change without notice.